

The Cub Run Archers Newsletter

Summer 2022



The Cub Run Archers club is a member of the Arlington-Fairfax Chapter of the Izaak Walton League of America.

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<https://cubrunarchers.org/index.html>

<https://www.facebook.com/cubrunarchers.org>

Next Monthly Meetings:
Sunday, Aug 7, Sept 11,
Oct 2 11:00am

Notes From The May, June, July Meetings

Bob Walla announced that Mark Gauntner has accepted the position of Vice President of Cub Run Archers.

Steve Bolinski accepted the position of 3D Director of Cub Run Archers.

Bob Walla and Mark Gauntner discussed plans for a hunter education class in the fall. The possible dates are September 10, 17, or 25. The cost is free. The class will be coordinated with Virginia Department of Wildlife Resources (DWR).

Equipment for archery classes—Bob Walla explained that equipment is needed for the archery classes. Smaller arrows are especially needed for children. The equipment will be kept securely.

Motion to purchase 3 bows and 3 dozen arrows for approximately \$600 for archery classes passed unanimously.

Jim Kerrigan suggested the club should establish itself as a club with USA Archery. The benefits would include the fact that shoots would be listed in a national event calendar, scores would be recorded, and the club could use the online registration process. Jim also mentioned that there would be registration fees with USA Archery.

Motion to initiate club registration with USA Archery as “Cub Run Archers of the Arlington-Fairfax Chapter of Izaak Walton League of America” and pay registration fees passed unanimously

A discussion followed regarding the need for equipment for future shoots. A timing system had been used in the past but cannot be located. It was speculated that monitors could be connected to a computer and used at a low cost.

FITA Timer—It has been planned to host a FITA shoot, and a timer would be needed. It is believed Dan Roberts may have had a timer. Pam Meara volunteered to contact the family to see if there is one and if it is available.

If a timer can't be located, Jeff DelVecchio has volunteered to donate half of the estimated \$2500 needed to buy a timer. Mike Cinnamon also volunteered to donate half of the estimated amount for the timer.

The Chapter picnic will be September 10.

Jeff Del Vecchio was elected by the Board of Directors (BOD) of the Arlington Fairfax Chapter, IWLA at the March BOD meeting to the position of Director, Target Archery. We welcome Jeff to this position and know he will do great things with the Target Archery program.



Social 3D

Cub Run Archers Social 3-D Shoot

When: August 7th 2022, 7:30AM to 10:30 AM

Where: Cub Run Archers 3-D range

Cost: *Free to all IWLA members and their guests*

Seven Brackets

- Traditional – Long bow or recurve
- Senior Traditional – Long bow or recurve
- Compound Open (Anything goes)
- Compound Hunter (Fixed sights, 10" max stabilizer, no sight lens)
- Senior Compound Hunter (age 60 and over)
- Junior Male (age 15 and under)
- Junior Female (age 15 and under)

25 targets at varying ranges

IBO scoring (11, 10, 8, 5, 0)

Binoculars and range finders allowed

***At noon, enjoy a light lunch
courtesy of Cub Run Archers***



Hunters For The Hungry Benifit

**2 FOR 1 GENERAL RAFFLE
TICKETS UNTIL 6 AUGUST!!**



BELVOIR BOWHUNTERS 27th ANNUAL HUNTERS FOR THE HUNGRY 3D BENEFIT SHOOT!

SATURDAY, AUGUST 13, 2022

Registration: 7:00 – 9:00 AM

~ Shotgun start - no later than 9:30AM ~

We shoot rain or shine!

**\$10 adults; \$5 each additional family member
\$20 max per family**

**Northern Virginia Archers Range
Fountainhead Regional Park
10875 Hampton Rd**



**IBO Rules
Challenging Course!**

**Novelty Shoots-
win cash & prizes
Great Food!**

Big Raffle!

**Compound Bow, Crossbow, Tree Stands, Climbing
Sticks, Gift Certificates, Archery & Hunting gear!
General Raffle Tix: \$5 each or Five for \$20!**

**For raffle tickets, contact Said Benmbarek: (240) 447-7830
or tarraget@gmail.com; or
Mike Holgate at (703) 848-5178 or BBH.Tres@gmail.com**

Coon Shoot

Prince William Archers

We are having an evening "Coon" Shoot on Saturday, August 27th, at dusk. The longest distance will be 30 yards. There will be a blind draw to determine 2-man teams. There will be a \$10.00 fee with all proceeds paid out to the top three teams. Food will be available before and after the shoot, hopefully a nice "coon" stew and biscuits. We hope to see you there.



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You have to relax when you're shooting an arrow. You can't be tense. And that just helps, in your day-to-day life. "Stephen Amell"

Beware of Lyme Disease When in the Woods

Beware of Lyme Disease When in the Woods



This white-tailed deer has a multitude of ticks on its face and ears. Photo by Shutterstock

By Dr. Leonard Lee Rue III

According to the statistics put out by the Center for Disease Control, there are about 30,000 new cases of Lyme disease reported each year, throughout the northeastern portion of the United States. Other scientific organizations say the number of new cases is closer to 300,000, as many new cases are not reported and are often improperly diagnosed in the first place.

Most everyone has been told or has read that the main sign of infection is the appearance of a large red bull's eye marking at the bite site. Today we know that in many of the cases of infection there is no sign of the bull's eye marking. Another myth was that if a person was started on the proper antibiotic regiment within a few days of getting infected, Lyme disease would be completely stopped and eliminated. The latest research has shown that for many folks that have had the infection the disease never disappears from the body but lies dormant and can become active at any time.

The first time I ever heard of Lyme disease, which is named after Lyme, Connecticut, from the area where the disease was first properly identified, was in the early 1980s. The disease is spread by the black-legged deer tick (*Ixodes scapularis*) to humans when a person is bitten by the tick. The bacteria (*Borrelia burgdorferi*) that causes the disease was named after Willy Burgdorfer, who first isolated the bacteria.

The disease can cause very serious health problems, such as extreme fatigue, headaches with neck stiffness, swelling of joints and memory loss. When the ticks first clamber aboard a human they are about the size of the period at the end of this sentence and so it is easy for them to escape early detection. After embedding themselves in the human's skin, they quickly drink in blood and become hugely large for having been so small just a matter of hours ago.

Beware of Lyme Disease When in the Woods

In drinking the blood, the ticks inject a solution into the blood to prevent it from clotting, just as mosquitoes do. This is how ticks carrying the Lyme bacterium in their system infect humans and other species.

Although deer are represented as being such a threat as carriers of infected ticks, it is the white-footed mice, other small animals and some birds that are responsible for doing the most to spread the bacterium. If the six-legged tick larvae are not discovered and removed after getting a supply of blood, they drop off, molt, and become eight-legged nymphs and then adults. After feeding again on a host species, the females breed and drop off of their host, lay their couple of thousand eggs in the soil, and die. The eggs lie in the soil over the winter where they hatch out in the early spring ready to start another life cycle.

This young black bear has a heavy infestation of ticks. Animals living in the wild are exposed to ticks throughout the year.



About 1.5 percent of the people who are bitten by ticks contract the disease. During the time between 1950 and 1970, I was a Deputy New Jersey Conservation Officer, serving under Warden Robert Burns. Bob had contracted Lyme disease before it was known and thus had no recourse to the antibiotics that may have helped him control the infection. Bob retired from the warden force after serving for 27 years because the disease crippled him so badly that he spent the rest of his life in a wheelchair.

Thank God, I have never been infected with Lyme disease in spite of spending most of my life in the field living with, photographing and studying the white-tailed deer. I do want to mention that I think the main reason I have not been bitten by ticks is that I thoroughly soak

my pants, shoes and socks with Permethrin insect repellent each spring as soon as the snow has melted. It is a practice that I recommend to everyone. A few years ago, I was teaching a photography class in Iowa. We were walking in a field and within 10 minutes time, most of my students had ticks crawling on them, while I was tick-free because of my protective clothing. I never wear shorts if I am going to be outdoors in any grassy area.

Read more about how to prevent tick bites while in the outdoors in [“Bull’s Eye! Aim for Prevention”](#) from a past issue of *Virginia Wildlife* magazine.

Beware of Lyme Disease When in the Woods

Lyme disease is most heavily concentrated in the Northeastern and Mid-Atlantic states but has expanded its range to cover the entire United States and is spreading north, into Canada. In fact, due to the warmer winters being experienced over our continent, the moose population has drastically declined in Minnesota and Maine. More ticks are surviving over the winter and are weakening the moose by feasting on their blood.

The white-tailed deer is a host to many of the ticks, and it has been proven that in areas of high infestations of the disease, the reduction of deer in the area does lessen the spread of Lyme. Through personal correspondence I had contact with Kevin Kelly, who had shot a doe near Halifax, Pennsylvania. He estimated the deer had at least a thousand ticks on just its head and neck. He removed 14 ticks from just one square inch of skin inside the deer's ear. Despite that heavy infestation, the deer was fat and in good overall condition.

The whitetail-tailed deer is a host to many ticks. The author had contact with Kevin Kelly, who shot a doe near Halifax, Pennsylvania. Kelly estimated the deer had at least a thousand ticks on just its head and neck. Photo by Kevin Kelly



I had never heard of any animal carrying that many ticks and surviving. A deer's ears and nose areas are practically hairless during the summer months and both sites make great targets for ticks, mosquitoes and biting flies. The deer frequently groom by licking around each other's ears. I can't say for sure they are removing ticks while doing so but the possibility is good.

Ticks are also responsible for many other types of human diseases such as Ehrlichiosis, Babesiosis, relapsing fever, Rocky Mountain spotted fever, tularemia and others. I did not know that the problems created by tick diseases had grown so pervasive and destructive till I heard that some of my friends who had had Lyme were going to a local Lyme Support Group. Like all of the support groups, the members tell of their many problems and get support from the group and the latest information which may help them better cope with their problems. If Lyme has affected you, finding a support group can help.

Dr. Leonard Lee Rue III is considered to be one of the foremost authorities on white-tailed deer in the country, having authored 31 books and more than 1,400 magazine articles and columns about whitetails.

Range Information

Range field house # 703-631-4496 :

Please be advised. The designated range director will make changes to operating procedures. *IF* you do not see a change, then there has been no change.

Field Archery: Range field house # 703-631-449

Target Archery range: Range field house # 703-631-4498

Rifle/Pistol range: Range field house # 703-631-4496

Skeet & Trap Range: Range field house # 703-631-4497

Sills Air Range: Range field house # 703-631-4818

CHAPTER HOURS OF OPERATION:

8 a.m. – 9 p.m. for outdoor recreational use (including outdoor range operation)

8 a.m. – 12 midnight for indoor uses (including indoor range operation)

With extended hours reserved for staff and special scheduled events, such as camping activities, as needed.

See designated range Web pages for specific days and times of operation.

RANGE BADGE:

All Members are required to display your range badge when you access/use ALL Chapter ranges (archery, airgun, and firearm). Access will be denied if you do not have it displayed. If you have lost your range badge, please contact the [membership office](#) to purchase a replacement badge.

Upcoming Shoots

Sunday, August 07, 2022 08:00am	<u>Bowhunters of Rockingham Field, Hunter and 3-D Shoot</u>	<u>Bowhunters of Rockingham</u>
Sunday, August 07, 2022 09:00am	<u>Prince William Archers Annual Black Bear Field/Hunter Shoot</u>	<u>Prince William Archers</u>
Saturday, August 13, 2022 07:30am	<u>Belvoir Bowhunters "HUNTERS FOR THE HUNGRY 3-D CHARITY SHOOT" Big Raffle! (Held at</u>	<u>Northern Virginia Archers</u>
Saturday, August 13, 2022 08:00am	<u>Sherwood Archers "BOWHUNTER BASH 3-D and COON SHOOT"</u>	<u>Sherwood Archers</u>
Saturday, August 13, 2022 09:00am	<u>Manahoac Bowmen 3-D Shoot</u>	<u>Manahoac Bowmen</u>
Saturday, August 13, 2022 11:00am	<u>Massanutten Archery Club "GREG SISK MEMORIAL" 3-D Shoot</u>	<u>Massanutten Archery Club</u>
Sunday, August 14, 2022 08:00am	<u>Shenandoah County Archery Club Field, Hunter and 3-D Shoot</u>	<u>Shenandoah County Archery Club</u>
Saturday, August 20, 2022 - Sunday, August 21, 2022 08:00am	<u>VBA 2022 FALL 3-D STATE CHAMPIONSHIP Hosted by New River Bowhunters</u>	<u>New River Bowhunters</u>
Saturday, August 27, 2022 08:00am	<u>Two Rivers Archery Club "DUTCH & MERTIE Field, Hunter, and 3-D Shoot</u>	<u>Two Rivers Archery Club</u>
Saturday, August 27, 2022 - Sunday, August 28, 2022 08:00am	<u>Staunton River Archery Club Two Day 3-D Shoot</u>	<u>Staunton River Archery Club</u>
Saturday, August 27, 2022 07:00pm	<u>Prince William Archers Coon Shoot</u>	<u>Prince William Archers</u>
Saturday, September 24, 2022 09:00am	<u>Manahoac Bowmen "BOWHUNTER TUNE-UP" 3-D (Broadhead Targets available)</u>	<u>Manahoac Bowmen</u>
Sunday, September 25, 2022 08:00am	<u>Prince William Archers "ROBERT DAY" 3-D Shoot</u>	<u>Prince William Archers</u>

Upcoming Shoots

Sunday, August 28, 2022 08:00am	<u>Kingsboro Bowmen "HUNTERS FOR THE HUN- GRY 3-D CHARITY SHOOT"</u>	<u>Kingsboro Bowmen</u>
Sunday, August 28, 2022 09:00am	<u>Cub Run Archers "BUCK BUSTER" 3-D Shoot</u>	<u>Cub Run Archers</u>
Saturday, September 03, 2022 - Sunday, September 04, 2022 07:00am	<u>VBA 2022 STATE FIELD CHAMPIONSHIP (CLOSED) hosted by Manahoac Bowmen</u>	<u>Manahoac Bowmen</u>
Saturday, September 10, 2022 - Sunday, September 11, 2022 08:00am	<u>Staunton River Archery Club "JOE MCMANUS MEMORIAL" Two Day 3-D Shoot</u>	<u>Staunton River Archery Club</u>
Saturday, September 10, 2022 - Sunday, September 11, 2022 08:00am	<u>Manahoac Bowmen Virginia FITA State Champion- ship</u>	<u>Manahoac Bowmen</u>
Saturday, September 10, 2022 - Sunday, September 11, 2022 08:00am	<u>Bowhunters of Rockingham "BOWHUNTER JAM- BOREE" Two Day 3-D Shoot</u>	<u>Bowhunters of Rockingham</u>
Saturday, September 17, 2022 - Sunday, September 18, 2022 06:00pm	<u>VBA Scheduling Session (Sat) and Quarterly Meet- ing (Sun)</u>	<u>Bowhunters of Rockingham</u>
Sunday, December 11, 2022 09:00am	<u>Belvoir Bowhunters "VEGAS SHOOT WARMUP" Shoot</u>	<u>Belvoir Bowhunters</u>



CRA Newsletter

c/o Red Bourdage
4217 Jackson Mill rd
Haymarket, VA
20169

Send submissions to:
rjbourdage@
comcast.net

**Cub Run Archers
Club Officers:**

President:

Bob Walla

Vice President:

Mark Gauntner

Secretary:

Justice Percell

Treasurer:

Jim Kerrigan

Field Archery:

Dick Reimer

Range Captain:

Fred Ansick

Indoor Archery:

Marv Hicks

3-D Director:

Steve Bolinski

Youth Public

Relations:

Jeff DelVecchio

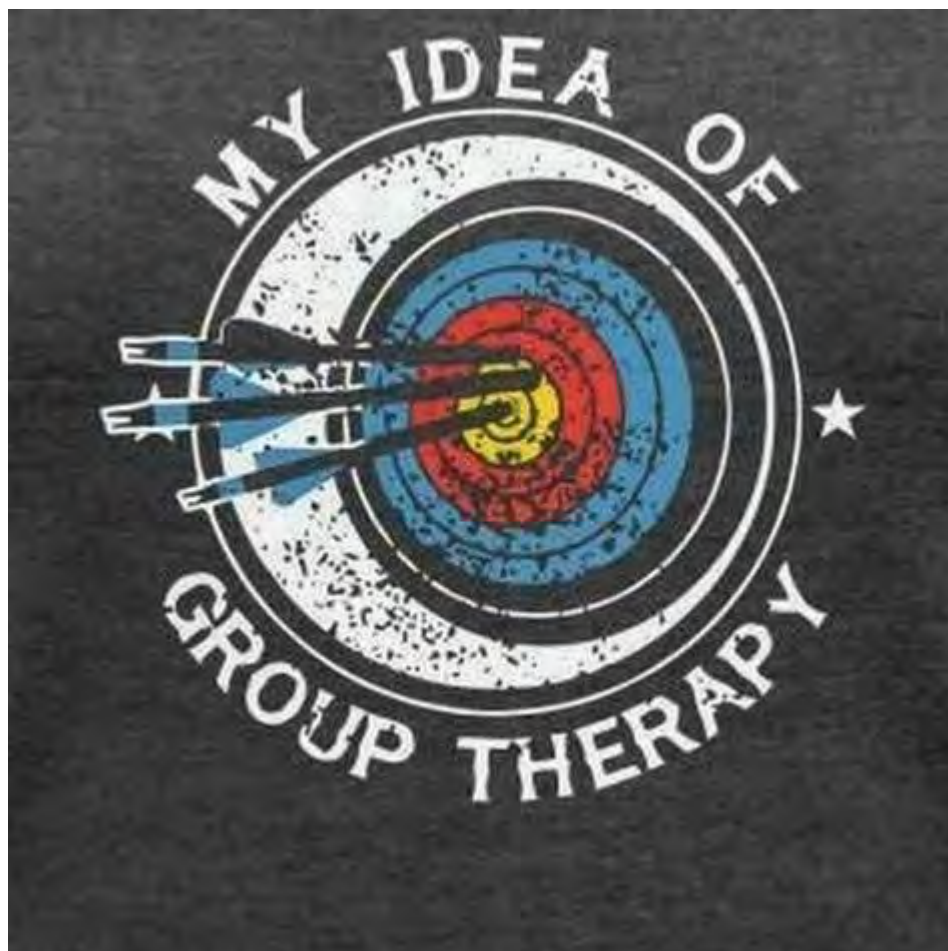
Social Director:

Linda Riemer

VBA

Representative:

Dave Dobbins



Please check the webpage

<https://www.cubrunarchers.org>

Or our Facebook Page

<https://www.facebook.com/cubrunarchers.org>

Won't you join us?