

Newsletter of the Cub Run Archers AFIWLA Archery Club



www.cubrunarchers.org
[Reservoir Bowhunters 3-D & Club](#)
[Facebook - Cub Run Archers](#)
[Picnic Shoot](#)

Upcoming Events:

Next Meeting
 November 12th 11:00 AM

President:

A joint committee comprised of Ryan Johnson and Chris Rose will come up with a safety agenda for the outdoor range. Jim Smith and Dick Riemer will organize the file cabinet. Next meeting is Oct. 1st.

Tournament Director/Vice President:

On Sunday, September 10th Cub Run Archers held it's annual Buckbuster 3-D shoot. The weather was excellent and the Archery season is approaching but unfortunately we only had a total of 23 shooters, 21 paying customers and two cubs.

I would like to thank the people that helped get this shoot done including: Jim Kerrigan, Ryan Johnson, Bob Walla, Mark Gauntner, Terri Perry, Linda Riemer and Debbie Henningsen.

Next year the membership voted to approve three shoots, all 3-D (so we are becoming one dimensional like lots of other clubs).

The new Vice President and hence tournament director is Dave Burke and he will need some help to get the Winter Classic, Money shoot and Buckbuster done next year.

. With that I bid you adieu as the tournament director. dd



Cub Run Archers Indoor FALL STAR FITA 2017 And

FRIDAY NIGHT YOUTH SHOOT

Tournament Date: November 4-5, 2017

November 3, 2017 for the Youth Shoot

Tournament Location: 14708 Mt. Old Road, Centreville, VA 20120 (do not send checks here)

Mail registration and checks to: Cub Run Archers, 13921 Balmoral Terrace, Clifton, VA 20124

Download the REGISTRATION FORM (PDF) here from Microsoft OneDrive, go to... https://1drv.ms/b/s!AIEUi_uktMLOkh4T6UogQpaVhtZt



Zen Archery Master Edward Garrasi will be doing a demonstration on Oct.15th at 2pm at the Indoor range. It is free and I am sure will be very fascinating and informative.

From my understanding this relates to working on your mental game, focus and inner calm than on any particular archery technique. The following story illustrates:

After winning several archery contests, the young and rather boastful champion challenged a Zen master who was renowned for his skill as an archer. The young man demonstrated remarkable technical proficiency when he hit a distant bull's eye on his first try, and then split that arrow with his second shot.

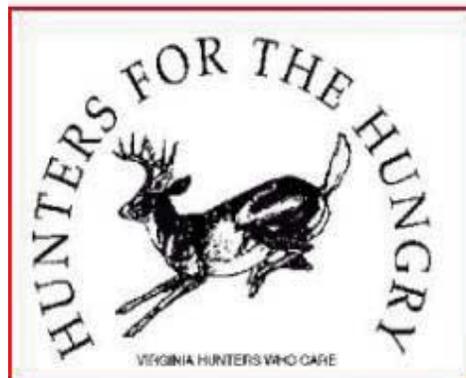
"There", he said to the old man, "see if you can match that". Undisturbed, the master did not draw his bow, but rather motioned for the young archer to follow him up the mountain.

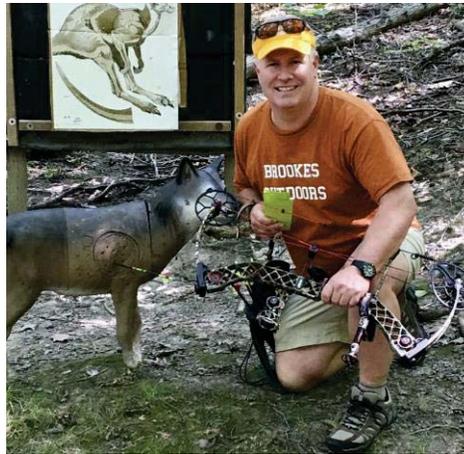
Curious about the old fellow's intentions, the champion followed him high into the mountain until they reached a deep chasm spanned by a rather flimsy and shaky log. Calmly stepping out onto the middle of the unsteady and certainly perilous bridge, the old master picked a far away tree as a target, drew his bow, and fired a clean, direct hit.

"Now it is your turn," he said as he gracefully stepped back onto the safe ground.

Staring with terror into the seemingly bottomless and beckoning abyss, the young man could not force himself to step out onto the log, no less shoot at a target.

"You have much skill with your bow," the master said, sensing his challenger's predicament, "but you have little skill with the mind that lets loose the shot."





Outdoors columnist Dr. Peter Brookes tackles the sport of 3-D archery. Courtesy photo

It was clear I needed to up my archery game.

Sure, being self-taught, I'd gotten to the point where I could consistently hit an 8-inch circle on a big bag target at 20- and 30-yards with a 60-pound draw Mathews compound bow using field-tipped arrows across a flat, grassy field. Oh yeah, in short-sleeves and flip flops — and under sunny skies.



But as I started to read and think about the sport of bow hunting, I quickly began to realize that being comfortable with my current skill level probably wasn't going to cut it in the deer woods this fall and winter. Especially if I wanted to bag game.

The question was, of course, what can I do right now — during the dog days of summer — to get better at archery so I'd be more prepared for the quickly approaching bow hunting season?

About the same time I was pondering this question, I came across an upcoming 3-D archery tournament being put on by the Cub Run Archers (cubrunarchers.org) at the Arlington-Fairfax chapter of the Izaak Walton League in Centreville.

It was also a “*money shoot*,” which meant cash prizes — not that I had any chance of pocketing any of the payout at my skill level. I also figured that there'd be a quiver full of William Tell-types whose technique I could observe and study.

If you're not familiar with a 3-D shoot, it differs from some of the other archery forms; there are a lot of “*stick and string*” sports today, ranging from using traditional bows for hunting to launching arrows from Olympic recurve bows at targets nearly a football field away.

In 3-D archery — as you might have guessed—the target is a life-sized replica of an animal you might see in the field. Indeed, most anybody who is reading this column has seen a foam, antlered buck in a sporting goods store with its vitals (i.e., heart and lungs) outlined for shooting practice





.Even more interesting is that the outdoor 3-D course may travel through the woods, across fields and up and down hills. Light and wind conditions will vary, too. It's almost as if you were stalking an animal during a real hunt. That's tough enough, but then there are the targets, which range from a huge bull elk to a small squirrel to a skinny crocodile. Target distances vary, too, from 80 yards to just a few yards. You may also shoot through the "V" in a tree or between bushes.

In some ways, it's like playing golf with a bow and arrow.

Points are given based on the accuracy of one arrow per target. You get "*nada*" for missing the target completely, but — thankfully for me — receive 5 points for at least hitting the target somewhere. Eight, 10 or 12 points are earned for hitting the vitals.

There are usually a couple of shooter classes based on bow and sights types, for example, for those using recurve bows, hunters using compound bows with fixed sights and an open class for those using bows with moveable sights.

Before I embarrassed myself publicly at a 3-D shoot, I rang up Bob D'Imperio (a Virginia state archery champ) who kindly agreed to meet me at the club's course for some instruction and advice.

Besides some adjustments to my form, I also learned of some accessories that'd be helpful, like having binoculars for zeroing in on the target's vitals, a range finder for measuring target distance, extra arrows to replace those lost/broken, and an arrow puller.

Never forget bug spray!

Though I really did miss the comfort and security of my suitcase-sized, fluffy, neon yellow archery target, I'm convinced that 3-D archery is a great way to launch your shooting to the next level.

Indeed, from Bob to other shooters at the 26-target event, folks were more than willing to talk anything about archery and give me tips on burying my arrows in a foam replica of a coyote.

I learned a lot in just one morning of shooting by pushing myself beyond my current skill comfort zone. I highly recommend this form of archery for anyone trying to up their archery game — whether a hunter or not. It's also a lot of fun.

One thing I can say for sure: I'm totally ready for when that monster 8-point, self-healing foam buck — with its vitals conveniently highlighted— comes ripping and snorting in front of my deer blind this fall.

Dr. Peter Brookes is a Washington, D.C. foreign policy wonk who escapes to his Fort Valley cabin and the great outdoors as often as possible. Email: BrookesOutdoors@gmail.com



Application for VBA Game Awards

Page 1 of 1 Virginia Bowhunters Association Updated: 9/18/2017

Date: _____
 I, _____,
 (Print name as it appears on VBA Card) (VBA Number) (Street Address)
 _____,
 (City and State) (Zip Code) (Phone No (Home or Cell)

Your Email Address I hereby certify that I have harvested a _____, (Buck) (Doe) (Bear) (Turkey) this year and that I am a member of the **Virginia Bowhunters Association, Inc., (VBA)**, and in good standing at that time. All animals, Carp & Gar must have been taken between February 1st of the current year and February 1st of the next year. I hereby submit an application for one or more of the following VBA awards:

- Bill Bennett Award (bear, deer, turkey from any state) **If first BB Award check here.**
- Largest VA Buck by Virginia Scoring System
- Largest VA Bear by Virginia Scoring System Largest Carp by length ____
- Largest VA Turkey (**Bearded**) by Virginia Scoring System Largest Gar by length ____
- Largest Doe by Pennsylvania (PA) Girth System
- Double Slam for VA Bear, Deer, Turkey (circle 2)
- Triple Slam for VA Bear, Deer and Turkey

Pertinent information is provided below:
 VBA Club Affiliation: _____ Signed: _____
 Date of Bow Harvest: _____ State Game Taken In _____
 Time of Day: _____ (a.m./p.m.) Distance of Shot: _____
 Type of bow: Compound: _____ Recurve: _____ Longbow: _____ Other: _____
 Hunting method: Tree Stand: _____ Ground Blind: _____ Stalking: _____ Other: _____
 Rack Score: _____

Bear Score: _____
 Turkey Score: _____
 Name of Scorer (print): _____

Note: Must use the guidelines from the Virginia Scoring System. Please reference www.VPSA.org or www.vbarchers.com.
Signed score sheet must accompany this application and a copy of the DGIF game tag or confirmation number. All Turkey entries must have weight certification submitted with the entry.
 (If possible, include a picture with description of game harvested for publication in FLIGHT.)

Print Name and Signature of Witness: _____
 (Person who saw game after it was harvested)

THIS APPLICATION MUST BE RETURNED WITHIN 90 DAYS OF HARVEST (CUT OFF DATE IS MARCH 1st)
MAIL TO: VBA EXECUTIVE STATE SECRETARY, MARIE BELL, 1223 JEANETTE AVENUE VINTON, VA. 24179
Note: First, second and third place awards for Buck, Doe by Weight, Turkey and/or Bear. The Carp and Gar winner(s) will receive first place award only. The first Bill Bennett award is a Plaque and following award are cast arrows.



Deer Weight Estimating Chart

The chart below will help you estimate your deer's live weight, field dressed weight and also edible meat weight.

How to use this chart:

1. Chest/Girth = Measure the chest just behind the front legs
2. Live Weight = Live deer on the hoof
3. Field Dressed = body cavity cleaned out (no entrails)
4. Edible Meat = Boneless edible venison
5. Weight is in pounds (lbs.)

Chest/Girth (in.)	Live Weight	Field Dressed	Edible Meat
20	37	26	18
21	41	29	20
22	45	32	22
23	50	35	24
24	55	38	27
25	61	43	29
26	66	49	30
27	71	53	31
28	77	59	34
29	82	64	36
30	90	70	39
31	98	74	42
32	102	80	45
33	110	87	50
34	118	91	54
35	126	99	57
36	135	104	61
37	146	115	66
38	157	126	71
39	169	135	74
40	182	144	80
41	195	156	88
42	210	170	94
43	228	182	103
44	244	198	110
45	267	214	120
46	290	233	130
47	310	251	139
48	340	272	153

* The above chart was produced with information collected by the Pennsylvania State University



VBA Shoot Schedule

Saturday, October 14, [Youth & Appretice Bear Hunting Weekend](#)
2017 - Sunday,
October 15, 2017

Saturday, October 21, [Youth & Appretice Fall Turkey Hunting Weekend](#)
2017 - Sunday,
October 22, 2017

**No more VBA shoots
scheduled until
January 2018**



The Back Porch

The BusyBody
c/o Red Bourdage
4217 Jackson Mill Rd
Haymarket, VA 20169

Send submissions to:
rjbourdage@comcast.net

Cub Run Archers Club Officers:

President:

Bob Walla

Vice President:

Dave Burke

Secretary:

Robert D'Imperio

Treasurer:

Jim Kerrigan

Field Archery:

Dick Reimer

Range Captain:

Chris Rose

Indoor Archery:

Byron Kissane

3-D Director:

Ryan Johnson

Youth Public Relations:

Jim Smith

Social Director:

Terri Perry

VBA Representative:

Red Bourdage

Giving Up Hunting

A man was walking down the street when he was accosted by a particularly dirty and shabby-looking homeless man who asked him for a couple of dollars for dinner.

The man took out his wallet, extracted ten dollars and asked, "If I give you this money, will you buy some beer with it instead of dinner?"

"No, I had to stop drinking years ago," the homeless man replied.

"Will you use it to go fishing instead of buying food?" the man asked.

"No, I don't waste time fishing," the homeless man said. "I need to spend all my time trying to stay alive."

"Will you spend this on hunting instead of food?" the man asked.

"Are you NUTS!" replied the homeless man. "I haven't gone hunting in 20 years!"

"Well," said the man, "I'm not going to give you money. Instead, I'm going to take you home for a shower and a terrific dinner cooked by my wife."

The homeless man was astounded. "Won't your wife be furious with you for doing that?"

The man replied, "That's okay. It's important for her to see what a man looks like after he has given up drinking, fishing and hunting."